

## Post Operative Sedation Instructions

*Please read carefully!*

Your child received sedation with the following drugs:

○Demerol:\_\_\_\_(mg) ○Valium:\_\_\_\_(mg) ○Hydroxyzine:\_\_\_\_(mg) ○Versed:\_\_\_\_(mg)

Time and date of administration:\_\_\_\_\_

After a sedation your child should be under adult supervision for 12 hours and should not be allowed to:

- travel unrestrained in a vehicle (use seatbelts, car seat, booster seat as age appropriate)
- Play near streets, stairways or other areas where injury could occur
- Ride bicycles, scooters, slides or other toys that require coordination

Your child may remain sleepy after the appointment. If he/she falls asleep during the day monitor his/her breathing. This is common as the drugs wear off. Your child may be irritable and cranky during this period. This can be difficult to understand. Try to, to keep your child as calm as possible if this should occur. Children that are fearful may magnify feelings and become hyperactive or hysteric after the procedure. Pain, numbness, or discomfort can be magnified out of proportion. Realize this is a normal reaction and can be exaggerated after a sedation.

Numbness may be present for another 1-2 hours. Please watch your child that he/she does not bite or suck his/her lips, tongue, or cheeks. Children do not always understand the effects of local anesthesia and may suck and bite on the numb area. Local Anesthesia causes a tingling or burning sensation that can upset children and that they may describe as "hurt". Reassure them that this is only a temporary feeling and will go away.

Encourage your child to drink clear fluids to prevent dehydration and minimize nausea. Give soft bland foods later when the local anesthesia has worn off. Make sure your child keeps liquids down before giving food. If nausea or vomiting persists contact our office or your child's pediatrician.

**If any problems or questions arise contact our office immediately at 806-749 KIDS.**

**Lubbock KIDS Dental**  
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