

## Sedation Instructions

We recommend sedation as the preferred option to meet your child's dental treatment needs. *A mild to moderate sedation does not put your child to sleep.* The goal is only a mildly depressed level of consciousness. Children under sedation may feel sleepy, drowsy, and relaxed, but respond to verbal commands (i.e. "open your mouth") or touching. They breathe on their own. In addition to the medication we give your child we will also use nitrous oxide (laughing gas) and local anesthesia to make your child as comfortable as possible.

### **Before the appointment:**

We must have a 48 hour verbal confirmation to keep your scheduled appointment. If you do not confirm your appointment we will schedule other children that need treatment. We appreciate your cooperation and understanding.

**NO FOOD or DRINK AFTER MIDNIGHT** if you have a morning appointment. Please let us know if your child managed to sneak past you. Fluids or food in the stomach can be possibly life threatening in combination with sedation.

Please let us know about any changes in health (allergies, asthma, heart problems, etc...). Please inform us about any drugs given to your child within 24 hours of the appointment. Call us if your child becomes ill with a cold, flu, sore throat, or a fever. It may be necessary to reschedule your appointment.

### **On the day of the appointment:**

Please dress your child in loose fitting and light clothes, preferably short sleeves, we need to be able to place a blood pressure cuff and heart rate monitor. Avoid pony tails, hair clips and bows for this visit. Please remove all nail polish. Avoid jewelry including earrings unless very important (o your child. Encourage your child to use the restroom before the appointment.

We strongly recommend that another adult travel with you. In addition, it would be best if other children stay at home or with a baby-sitter.

Expect to be in the office for at minimum of 2-3 hours. You will not be able to be in the treatment room with your child during a sedation visit. We need you to stay in the office during this whole period. You cannot leave the office at any time during your visit.

**If there are any unanswered questions call us at 806.749.KIDS**

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